

Mag. phil. Tamara Kállay, Author and Teacher

- Co-founder of “Mut zur Weisheit” meaning “Courage for Wisdom”
- Alternative medical and spiritual research (complementary, alternative and spiritual healing methods, spiritual teachings)
- German, English and Slavic Studies in Vienna, focusing on alternative teaching methods



My focus is on teaching basic knowledge about people and life. The means to it is inspiration and conversation, where people are encouraged to research themselves. It is not about passing on facts or models, but about teaching people ways, how to undertake their own research, to explore possibilities and to stimulate their own research. People learn to question, to examine and observe their reality accurately. Thus they learn bit by bit to look at the whole picture. From this standpoint they can regain the full potential to competently and responsibly act for themselves.

It is not a therapeutic or medical approach. "Courage for Wisdom" provides basic work for both patients and healthy persons to better know about the life and the depths of themselves. Based on this can doctors, therapists, complementary medicine practitioners, teachers, etc. accomplish their work more effectively.

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